

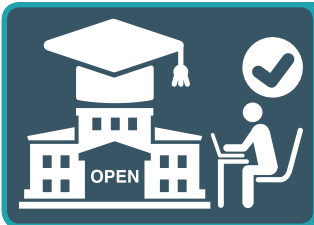
# TIER TWO RULES

Help stop the spread of COVID-19 



Households are **not** allowed to mix with other people indoors, unless with people in your support bubble.

You can meet with up to **5 other people**, maximum of 6 including yourself, **outside** as long as everyone stays 2 metres apart.



Schools, universities and colleges remain **open**.

Everyone who **can** work from home should do so.

Children **can** move between homes if their parents are separated.



Pubs and bars must close, unless operating as restaurants. Alcohol can only be served with substantial meals. Venues must stop taking orders at 10pm, and close at 11pm.

Retail, indoor leisure, entertainment, personal care, and accommodation settings are **open**.



Whenever you are out of your home, remember '**Hands. Face. Space**':

**Hands** – wash your hands regularly and for 20 seconds

**Face** – wear a face covering over nose and mouth in indoor settings

**Space** – stay 2 metres apart from people you do not live with where possible.



Get tested if you have symptoms: a high temperature; a new continuous cough; a loss of, or change to, your sense of smell and taste.

If you or anyone you have been in close contact with has symptoms, follow the guidance on self-isolation.



**Travel:** You must follow tier 2 rules when you travel to a tier 1 area. Avoid travel to, or overnight stays, in tier 3 areas other than where necessary, e.g. work, education, medical treatment, or caring responsibilities.

You can travel through a tier 3 area as a part of a longer journey.